

High School Student Endorsements for *The 5 Elements of Effective Thinking*

“I always thought that learning was more than studying for a test... In their new book *The 5 Elements*, Burger and Starbird intelligently and succinctly explain the true method of learning and critical thinking—a method based in reason and entirely useful. With the five ancient Greek elements as easily remembered representations of five core concepts, as well as inspirational anecdotes, their book is a pleasure to read. This would have been a great book to have when I transitioned from the homeschool world to a traditional high school.”
—Cooper W., high school junior

Undergraduate Student Endorsements for *The 5 Elements of Effective Thinking*

“I spectacularly love this book. It made the greatest impact on me a book possibly could because I hold these ideas in such high regard and they landed in my hands at the perfect time. My overarching response to *The 5 Elements of Effective Thinking* is pure delight, great appreciation, and confidence in myself and in what lies ahead.”
—Kyle C., undergraduate mathematics major

“This book took me on an emotional rollercoaster, made clear some biases I have toward myself, and helped me to see the world in a new way.”
—Elle V., undergraduate biology major

“There are a lot of great things about this book. It is filled with many wonderful quotes, witty humor, fun exercises, historical and personal examples, and stuff that really gets you thinking. I also found myself quietly laughing out loud in the library several times. I have already recommended this book to people who want to take a different approach to thinking. I was very fortunate, and sometimes I think, destined, to receive this book on the first day of college.”
—Luis H., undergraduate history major

“While reading *The 5 Elements*, I learned more about how I should think, study, and understand than during any other experience in my life. Every chapter resonated so well with me that I am already changing the way I go through my classes, homework, and life.”
—Nirav S., undergraduate mechanical engineering major

“This book is captivating because it changes the average thoughts of learning by teaching new ones and highlighting them through examples of current students and historic geniuses. The book shows that geniuses are average people with different ways of thinking and learning. I found this new insight inspiring.”
—Lauren L., undergraduate psychology major

“When I picked up this book to read for a class, I was dreading it. After the first few pages, I couldn’t put it down. I’ve always had an idea of what I’ve needed to do in order to become a better student, but this material was laid out in a way that was not only

inspirational, but fun to read. The basics of learning, understanding, and creating are all within this text.”

—Scott G., undergraduate civil engineering major